



Keywords

November 2011

The Newsletter for Key members in Gloucestershire



In this edition:

Yoga Classes for special needs children
Information for disabled people travelling by air
Parent Carers Information
Short breaks and Support
Cerebra
Uthink for young siblings
Groups and Activities for Young People
Information
Inspire Me and more.....

Welcome to the Autumn edition of Keywords! Now that half term is over, and the nights are drawing in, many of us are starting to think about Christmas which is just around the corner!

This edition of Keywords includes information about groups and activities for young people, parent support, our regular update from the Parent Carer Council and more.

If you would like to receive the Keywords newsletter by email in future, please turn to page 11 for details of how to do this. We are also looking to update our Parent Contact Register, which is a list that we hold of Key families who would like to make contact with each. More details of this can be found on page 11.

If you would like to include anything in the next edition of Keywords, or if you have any queries call us on **08456 583857** or email thekey@glos.nhs.uk. The Key is open Monday – Wednesday, 9am – 5.00pm.

The Key would like to wish all our members a very Merry Christmas and a Happy New Year!

Sarah Hopkins
Sarah Mansion

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General Information

Yoga for Children with Special Needs

Yoga for the Special Child's innovative approach offers a step-by-step, integrated system of yoga poses, deep relaxation and specialised breathing and cleansing exercises. The yoga poses are designed to improve cognitive and motor skills, improve muscle tone and balance, promote flexibility and correct postural misalignment. The specialised breathing exercises and relaxation techniques improve concentration, reduce hyperactivity and relieve respiratory ailments. With regular practice, Yoga for the Special Child increases emotional stability and self-esteem and promotes an overall sense of well-being. The programme is available for ALL children with additional needs.

There are currently spaces available for a yoga class supporting young people with special needs on a Friday afternoon, 4-5.00pm. There will be 2 new groups starting on January 2012 on a Saturday morning.

All children will have a free 1:1 session prior to starting a group session. A suggested voluntary donation of £2.50 per child is requested. However if you cannot afford this, please contact us and let us know and we can discuss alternative options (adults accompanying children attend free of charge).

All classes are held at the Sitaram Yoga Studio, Gunhouse Lane, Bowbridge, GL5 2DB. For further details, contact Lucy on **01452 770183** or email specialyoga@gmail.com. The work we do can be seen on www.youtube.com/user/thespecialyogacentre?feature=mhee

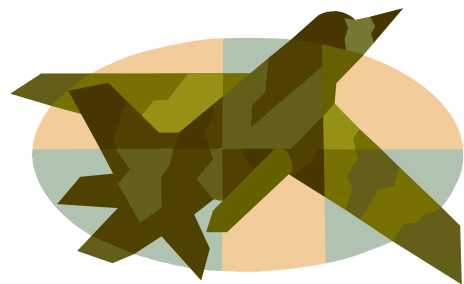
**The Special
Yoga Centre**

Yoga therapy for children
with special needs



Harnesses to use on Aeroplanes

Crelling Harnesses sell a range of safety belts and harnesses for children and adults with special needs, for use in different vehicles including travelling by air. The harnesses that are used on aircraft are **Models 27** and **HSB1**. Model 27 comes in 3 different sizes, whereas Model HSB1 comes in one size for children aged 9yrs to adults. Model 27 is a full 5 point harness designed to give additional support. It is not a safety harness and should be worn in conjunction with the vehicle's safety belt and is used on aircraft seats by many leading airlines. Similarly model HSB1 is not a full supportive harness, but comprises of a set of "strap on" shoulder straps. Crelling stress that passengers should contact their airline before flying to obtain permission to use the harnesses before the flight. The website for Crelling Harnesses is www.crelling.com and the company can be contacted on **01253 852298**.



Airport Guide for Disabled People

If you are planning to travel by air, then there is a disabled and reduced mobility airport guide that has been produced which you may find helpful. The guide can be found at www.parkat.co.uk/disabled. If you do not have internet access and would like a copy of this guide, please phone **The Key** on **08456 583857**.

It is advised that anyone travelling by air should always talk to the airport about any particular needs before you travel. This is to ensure that appropriate assistance can be arranged before your arrival at the airport.

Parent Carers Information

Parent Carers Matters

The Parent Carer Network in Gloucestershire now has almost 600 members and aims to be a voice to inform service providers of the needs of disabled children and their families across the county.

It facilitates two-way communication between parent carers and services used by disabled children, young people and their families in Gloucestershire. Parent Carers provide feedback on services, offer constructive challenge to current services and input into decision making and planning for future service provision; by working co-operatively with local service providers parents contribute to improvements in the services delivered for disabled children.

We have recently updated our Terms of Reference and membership is open to residents of the county of Gloucestershire who are parents carers of a child with a disability, aged 0 to 25 using services.

We hold regular meetings and any parent or unpaid carers of a disabled child or young person living in the county of Gloucestershire can put an item on the agenda by contacting the Gloucestershire Parent Carers Council at Carers Gloucestershire. We provide feedback through regular articles in Caring Matters, The Key newsletter and by emails. This includes outcomes from consultations and participation work undertaken, and in particular the effect on future service provision.

Information will be provided in a range of ways and formats to support the engagement of a wide number of parents and carers. If parents require it in a different format then we will endeavour to do such. At present we sit on over 25 working parties and steering committees. Recent priorities have been the improvement of the Continence Service and solving difficulties with home to school transport.

The steering committee is known as the Parent Carer Council and members were elected at The Carers Forum in October when we also looked at the benefits and achievements of parent carers over the past 12 months and set our priorities for the next year. If you would like to be more involved or you have priorities you feel we should be examining please let me know. I look forward to hearing from you.

Deborah Livingstone, Parent Carer Participation Worker
Tel: 01452 386283

E: dlivingstone@carersgloucestershire.gov.uk
www.glosparentcarerscouncil.co.uk

Gloucestershire Children's Continence Clinic

If you need continence advice or products for your child (especially if your child just has difficulties staying dry at night), contact your Health Visitor, School Nurse or Learning Disability Nurse. Usually, they can resolve a child's continence needs. If you require specialist support, you will be referred to the Children's Continence Clinic which is now based at Gloucestershire Royal Hospital (GRH), but children's clinics are also held around the County on different days. You will be offered an appointment at the most appropriate clinic for you and at these clinics you will be seen by a Continence Specialist Nurse.

You can call the Children's Continence Clinic on **08454 22-5308** (the clinic is open 8.30am – 3.30pm Mon – Fri) or you can email them on Gloucestershire.continenceservice@glos.nhs.uk

If you need nappies or pads for your child, you can also email them on cyp.continenceproducts@glos.nhs.uk You will need to provide your child's full name and date of birth.

The appointment system has recently been streamlined and those parents waiting for follow-up appointments will receive a letter with the details six weeks prior to their appointment.

If you have any queries about any part of the Children's Continence Clinic (eg. contacting the service, availability of products, referral paths, assessments, communication, returning products) then please contact GUIDE & PALS (Patient Advice & Liaison Service) on **0800 0151 548** or email community.pals@glos.nhs.uk

Deborah Livingstone, Parent Participation Worker with Carers Gloucestershire is also there to help. She can be contacted on **01452 386283** dlivingstone@carersgloucestershire.org.uk

Short Breaks and Support



Introducing Learning Together

Learning Together is registered with the Care Quality Commission. We provide a range of family-centred services to those affected by disabilities, including, but not limited to, autistic spectrum conditions. Our overall approach comprises of a range of behavioural, developmental and relationship-based principles.

Services for Parents and families

Our services include respite, consultation and outreach support for children and their families. By working alongside and listening to parents, we aim to improve the entire family's quality of life. Our services are parent-led, flexible and affordable. They are funded by a variety of means, including Direct Payments.

For families with more complex needs, we seek to guide parents in implementing practical tools and strategies that aim to remediate difficulties over time so that children and teenagers can continue to experience a quality of life at home.

For more information, please visit us at <http://learning-together.info/parentsandfamilies.html> where you will find examples of packages we can provide. For an informal chat or to arrange a free consultation, you can phone us on **01453 298005**. You can also email Brendan Maguire, Director of Services & Training, at brendan@learning-together.info. We welcome all comments and suggestions.

www.learning-together.info

Breaks for Carers

Breaks for Carers of Disabled Children Regulations came into force on 1st April 2011. The Regulations require local authorities to provide "so far as reasonably practicable, a range of services which is sufficient to assist carers to continue to provide care or to do so more effectively." Local authorities are also required to publish a statement about short breaks. This is so that families can find out what services are available, how services meet their needs, and how families can get access to them.

The Statement tells you about short breaks for disabled children in Gloucestershire:

- What short breaks are, who they are for and how you can get them
- The different sorts of short breaks
- Why we have that range and how they meet the needs of disabled children and young people and their families
- How we will review this statement, making changes over time and how you can have a say

You can see the statement on the internet using the link below. We are also producing it in leaflet form, which will be available in December from **The Key**.

<http://www.gloucestershire.gov.uk/index.cfm?articleid=2409>

Gloucestershire's statement will be reviewed in partnership with the Parent Carer Council at least every 6 months, and amended as needed.

To comment on the Statement contact: Alison Cathles, Lead Commissioner for Disabled Children and Young People, Quayside House, Gloucester, GL1 2TR
Alison.cathles@gloucestershire.gov.uk
01452 427143 or 07825 273719

Cerebra

Cerebra Regional Support Service

My name is Kath Fryer and I'm Bristol's Regional Worker for the Charity Cerebra. I also cover Gloucestershire although I'm not frequently in your area.

Cerebra is a UK charity dedicated to providing practical help, information and support to parent carers of children up to the age of 16 who have a neurological condition. Neurological conditions include; genetic, congenital conditions, Cerebral Palsy, Stroke, ADHD, EMB conditions, conditions on the Autistic Spectrum, Acquired brain injury (due to injury or infection), Epilepsy, Global Developmental Delay, Learning Difficulties (with or without specific diagnosis).

We are a grant giving charity and offer a range of services to support mums, dads, and their children. It's free to register with Cerebra and all our helpful services are free to families too.

We offer specialist advice on our **Helpline 0800 328 1159**, a Stress Counselling Helpline for parents on **0800 043 9385**, publications, fact sheets, a step by step guide to completing the DLA claim form, a grants scheme, voucher schemes for Speech and Language Therapy, voucher schemes for Wills and Trusts, E-learning courses for parents, Sleep Counselling service, a Postal Lending Library of toys and literature, Holiday Home, and a Personal Portfolio (or talking book) service. To learn more visit our website: www.cerebra.org.uk

As Regional officer- I'm based in Bristol, and can travel!- I'm able to provide home visits, face to face support, and advice related to our range of free services. I can offer benefits advice, family days and day trips, information about grants, and I can signpost families to local services and other support organisations.

Kath Fryer, Regional Officer
Tel: 01179 055 020



Speech Therapy Vouchers from Cerebra

In 2006, Cerebra launched a pilot scheme to help parents of children with brain related conditions access speech therapy for their child. As the pilot was successful and proved very popular, Cerebra have continued the project each subsequent year.

To be eligible for the scheme, your child must meet the following criteria:

- The child must be aged 1 to 16 years old and have a neurological, brain-related condition.
- If they are school-age, the child must have an SEN Statement or be on School Action Plus in Wales and England.
- The child must not have received direct individual or group speech therapy from a speech therapist in the last 6 months.

To receive a voucher, you will need to fill out an application form which you can get from their website (www.cerebra.org.uk) or request a form from the helpline **0800 328 1159**

You will need to send in a reference with your application. If your child is school age or attends pre-school, the reference must come from the school. Otherwise it should be from a professional who works with your child (health professional, social worker, Portage worker). The letter needs to confirm your child's condition, recommend speech therapy and verify that your child has not had therapy from a speech therapist in the last six months. All references must be on headed paper.

If successful, the voucher is worth up to £500 of SLT. Cerebra uses speech and language therapists who are members of the Association of Speech and Language Therapists in Independent Practice (ASLTIP). All ASLTIP therapists are certified members of the Royal College of Speech and Language Therapists and registered with the Health Professions Council.

With the voucher, we can send you a list of ASLTIP therapists in your geographical area. You will need to contact a therapist who is able to help your child. In rural areas of the UK you may find travel time and costs to see a private therapist impractical.

The therapist must invoice Cerebra directly for payment. All families who have received a Voucher in the past cannot re-apply.



YOUNG SIBLINGS PROGRAMME

Who is it for?

- Young people aged 14 -25 who has a brother or sister who has a diagnosed Mental Illness

What is the programme?

- The programme is a 4x4 hour course held in a Youth friendly venue in your locality.
- It uses a combination of ice-breaker activities, self-confidence building sessions, resilience and coping strategies and practical expressive artwork.
- There is an educational element that educates that Young Siblings on ALL ASPECTS of mental health
- It is FUN!

What are the Aims & Objectives of the Programme?

- To promote positive emotional well-being as a sibling
- To learn how to cope better with their brother/sister's illness
- To start to build self-support peer networks in their local area
- To have a space where they feel comfortable and safe to express themselves in the ways they wish to
- To learn how to combat stigma and discrimination against Mental Illness
- To engage in participation in the group and carry this to their daily lives for positive living skills.

Who is Delivering the Programme?

- Uthink South West Office Paul Hanmore is leading the project and is the Officer in charge. Paul is a trained teacher and experienced Youth Worker who has also led the Uthink Group work Programmes for just under 4 years.
- In each area, other Rethink members of staff, volunteers from referring organisations or university students are co-facilitating the Programme so there is sufficient staffing for any Young Sibling in need to have the appropriate support whether in a group or on a one to one basis.

How is Governed?

- The Young Siblings Programme is governed by approved Rethink Mental Illness policies and procedures that put the young person in a safe and managed environment
- Uthink also operates and abides by the local Safeguarding Children policy.

What does it cost and how do I get there?

- The Programme is completely free to any Young Sibling, you just need to bring yourself!
- We can pay reasonable transport costs to ensure that you get to the group or Paul will coordinate with referrers who can possibly assist with transportation as well.

What is the Referral Process?

- Any Young Sibling can speak to a professional about this programme and express an interest. The professional you talk to will be able to either complete the referral form with you, or complete one on your behalf.
- The referral will then be submitted to Paul Hanmore who will contact you directly for an informal chat or meeting.
- If accepted, you will be sent a Welcome Pack pre-group so you know what to expect.

For further details, please contact Paul Hanmore on **01202 517845** or email **paul.hanmore@rethink.org**.

Team Otter Relay Channel Race update by Anne Seager

Team Otter Channel swim took place on Saturday 19th August, after almost 2 weeks of waiting due to adverse weather conditions.

Baz was the first “otter” to brave the cold, black waters and was starting to feel anxious about even being able to see where the beach was to swim into as the official starting point. Baz swam well despite her initial concern as to which boat to head for. When Baz’s hour was up Ben got in and put in a solid performance. Ben wanted to know when 30 minutes was up and then 10 minutes to go so he could put in a sprint on the final 10 minutes.

Zem was next and wanted every 15 minutes, by the way the water temperature was surprisingly warm at 16.9 degrees, we were very lucky. Then it was my go and when Zem got out I put my head down and within a couple of strokes, got a mouthful of water and simultaneously it went up my nose, not pleasant and made me choke. However not a problem just all part of the experience, and down to business it was quite eerie swimming in the dark with waves of up to 5 feet coming in all directions! Being honest in the first probably 15 minutes I was regretting my “idea”, however after that I started to get a rhythm of sorts and felt more settled.

Time up then Tony got in and having seen Tony be physically sick over the side of the boat earlier on, I had my doubts whether he would get in or not. I was very glad to see him get in and he swam well, no incidents to recall.

The cycle of swimmers was repeated, it being light by this time, what a difference that made I believe to everyone. We all worked really hard against the current and thankfully on the last leg of swimming the sea was like a millpond, with determination and effort we all pulled together to get as close to the land as possible. I have to admit that I was starting to worry as I knew I only had about 10 minutes for the end of my go including the extra five minutes and I could not see Tony getting ready for the take over. I later found out that he was slightly tearful at the idea of swimming again. However he dug deep and did get in and take over with about a mile to go. He put his head down and worked with shouts of encouragement from the boat. 200 meters away from the beach Eric, kindly allowed us to get in and swim behind Tony so long as we didn’t touch him or overtake him and did not aid him in landing on the beach. We were careful not to and Tony triumphantly landed on the beach, followed closely by his fellow otters with shouts of praise for Tony’s courageous efforts as feeling so sea sick and weak was a great achievement and one to be acknowledged and it felt fitting that he should be the one to finish the swim. We all took a souvenir pebble, well actually I took two! After a quick photo shot by an obliging Frenchman we came back to the boat and five strokes from it I got stung by a jelly fish!

The time was 15 hours and 6 minutes but no means the fastest, but also way off from being the slowest. Our target was to achieve the task not break any records which we are all proud of.

I want to take this opportunity to thank all of you who have sponsored us which have raised funds for two very deserving charities which are **WaterAid** (long standing international charity that helps the world’s poorest people have safe water and sanitation) and **Allsorts** (an innovative Gloucestershire charity that works with disabled children and their families). If you have not sponsored but would like to it’s not too late, just visit the website www.teamotter2011.wordpress.com

Anne Seager



Activities and Groups for Young People

Meeting Point: a new online forum for young disabled people

Disability charity Scope has recently launched Meeting Point, a secure online forum hosted on the charity's website for young disabled people to share information and advice and connect with each other.

The charity already hosts a number of active forums on its site primarily geared towards parents of disabled children. This forum will be the first aimed at young people aged between 10 and 18 years.

The forum was established in response to an increase in the number of calls the charity's free information and advice helpline, Scope Response had been receiving from young disabled people who talked about feeling isolated, different and having low self-esteem.

Jacqui Piper, coordinator at Scope said:

"Increasingly we're hearing from young disabled people who feel frustrated and angry. We wanted to create a safe space for them to come together, to share their experiences, find information and talk through their problems, with their peers. Most teenagers find it difficult to talk to parents about such issues and disabled teenagers are no different."

The forum is the first tool to come out from Scope's *Trendsetters* group, an initiative established to engage with young disabled people and to develop resources that they need. Other projects in the pipeline include video diaries, disability quizzes and further information resources.

To join Meeting Point or to get involved in *Trendsetters* visit www.scope.org.uk/youngpeople or call Scope Response on **0808 800 3333**



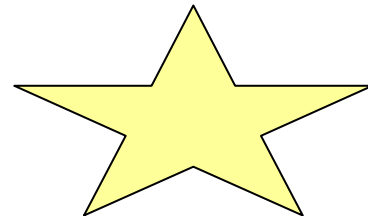
Glo – active 8+

Glo-active is newly established and is made up of a team of experienced, qualified, diverse Youth Workers who are committed to young people and their development.

"**Saturday Starz**" – Glo-active 8+ runs a Saturday club for disabled and non-disabled young people called Saturday Starz as well as other activities which includes:

- Circus skills
- Arts and crafts
- Team building/problem solving
- Henna Tattooing/Face Painting
- I.A.G Sessions
- Interactive Games
- Residential Breaks
- Breakfast clubs
- After school clubs
- Holiday clubs
- Targeted/Themed clubs

For further details contact Hayley on **07979 890782**, E: hayleymhuntley@gmail.com or Lindsey on **07564 790825**, E: lindseysaysell@gmail.com



Active Impact

Active Impact coordinates the *Of Course We Can* Programme of residential and non-residential short breaks for disabled children and young people in Gloucestershire. The new Autumn/Winter programme was sent out to all Key members in October. If you would like a copy of the programme contact The Key on **08456 583857** or visit the website www.keywords.org.uk

To find out more about Active Impact and the work they do, contact them on **01453 756614**, E: info@activeimpact.org.uk or visit the website www.activeimpact.org.uk

Information

Countryside Mobility South West

Crickley Hill Country Park (6 miles east of Gloucester) now has a Trampler all-terrain mobility scooter as part of the Countryside Mobility South West Scheme.

The Scheme, based on the principles of the town centre Shopmobility initiative, offers improved access, independence and freedom in the countryside for people with limited mobility, their friends and families living in and visiting the South West region.

In addition to Crickley Hill Country Park, Trampler all-terrain mobility scooters and wheelchair accessible Wheelyboats are available to hire at 18 countryside sites and visitor attractions across Cornwall, Devon, Dorset, Gloucestershire and Somerset with more sites to come in 2012.

To find out more about the scheme please visit www.countrysidemobility.org or telephone **01392 456 522**.

Stroud FC Disability Football Team

For young people 16+ with Learning Disabilities, physical impairments or sensory impairments (not suitable for wheelchair users).

Coaching sessions take place on Tuesdays, 5-6.00pm at Stratford Park Leisure Centre Astro-pitch. Cost £2 per session. For more details contact **David Palmer on 07793 014722** or email palmer.footballcoach@googlemail.com



Transition Information Packs & DVD's

The second edition of the Transition Information Pack called 'Transitions, A Step in the Right Direction, 2011' has been produced and distributed to both special and mainstream schools in Gloucestershire. The pack has been produced in partnership by Dawn Rooke (Parent Carer), Gloucestershire County Council and The Key and is intended for any disabled young person in Gloucestershire with a statement of SEN (approaching year 9 and older).

The Transition Information Pack contains useful information as well as tools and guidance to help young disabled people move from childhood to adult life. There is also a Transition DVD that comes with the pack.

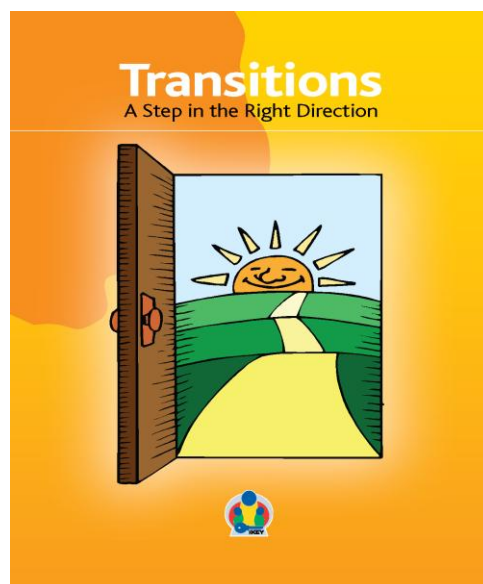
The Transition Information Pack will be available from your child's school. If your child has not received a pack, ask your child's class teacher, school SENCO or head teacher for a copy.

The Transition Information Pack and DVD will be distributed to Further education colleges shortly.

A copy of the pack is available online at www.keywords.org.uk/4teens and will be updated according to any future changes. Contact The Key on **08456 583857**.

Other information about Gloucestershire's Multi-agency Transitions Pathway can be found here:

<http://www.gloucestershire.gov.uk/transitionspathway>



Inspire Me - Mencap

Inspire Me is an exciting new project run by Mencap for young people aged 16-25 with a learning disability. The project is designed to allow young people to explore potential opportunities and learn new skills.

Part of the project includes offering young people the opportunity to take part in six different workshops covering:

- Volunteering
- Confidence and Motivation
- Managing my Money
- Preparation for the world of work
- Community and Citizenship
- Action planning and Goal Setting.

Through community impact projects young people will be reaching out to local communities to promote awareness, understanding and create opportunities for themselves and others. Young people may be able to access small amounts of funding to set up their own community projects.

As well as supporting young people, we also offer support and advice to the parents of young people with a learning disability, so they are able to help their child achieve the best possible future. For more details about the Inspire Me project contact Asha Vijendran, Mencap on **07508 277 637** or email asha.vijendran@mencap.org.uk

Carers Badge

Carers that remain with the patient (whilst an inpatient) at either Gloucestershire Royal or Cheltenham General Hospital can get a Carer's badge to use whilst on site. The purpose of the badge is to help staff identify you as a carer and also to enable you to have access to the following:

- Exemption from parking fees. A form will need to be completed which you can get from the ward sister or the Hospital Patient Advice and Liaison (PALS) office.
- Reduced meal costs in the hospital restaurants
- Free drinks on the ward
- Use of toilet and washing facilities

The badge must only be worn by the carer whilst on the hospital premises. The badge can be obtained from the 'Patient Advice and Liaison Service' (PALS) and PALS staff will be able to explain about parking, etc. You will be required to leave a deposit of £3.00 for the Carer's badge.

It must be returned to the PALS office or to a senior ward nurse at the time of discharge and your deposit will be returned. Hospital PALS is located within each Hospital and they can be contacted on **Freephone 0800 019 3282** or **telephone 08454 226830**.

Gloucestershire Music Makers – Key Changes Project

This project, which is funded by Children In Need, offers 1:1 music based mentoring sessions and/or small group sessions, led by skilled and experienced leaders for young people age 11- 18 years in challenging circumstances.

All kinds of music, including vocals can be covered to meet the needs and interests of the young person. The project aims to help participants discover their music potential, build confidence and explore the difference music makes in their lives.

The project prioritises work with young people in challenging circumstances including:

- Looked after children
- Young people with:
 - Autism Spectrum Disorders
 - behavioural difficulties
 - learning disabilities
 - physical disabilities

They will consider young people in other challenging circumstances.

As the project is funded for young people in challenging circumstances, the sessions would be free. However spaces are limited and young people will need to be referred to the service.

For more information about the project, contact Liz Terry, Voices 4 All on **01452 812154** or email liz.voices4all@gmail.com.

Alternatively if you feel your child meets the criteria for the project (as they fall into one of the priority areas mentioned above) but they need a referral, contact **The Key on 08456 583857**.

The Key

Would you prefer to receive Key newsletters and other information by email? If so, please complete the tear off slip below and return it back to us at the FREEPOST address below. Alternatively, you could send us an email with the details below at thekey@glos.nhs.uk

Name of Child/Young Person:

Address:

Yes, I would like to receive The Keywords newsletter by email

Email address:

Return this form (no stamp necessary) to: **The Key, FREEPOST RRYY-KSGT-AGBR, Sanger House, 5220 Valiant Court, Gloucester Business Park, Brockworth, Gloucester, GL3 4FE.**

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Parent Contact Register

If you are registered with The Key, we can put you in contact with other Key families for support, which we call the **Parent Contact Register**. If you would like to join the Parent Contact Register, please fill in this form and return it to us at the Freepost address provided below. Please note that we will only pass on your details to other families who are registered with The Key.

Name of Child/Young Person

Address:

.....

Name of Parent/Guardian

Yes, I would like to join the Parent Contact Register. I give permission for The Key to pass on my contact details to other families registered with The Key for support.

No, I do not want to join the Parent Contact Register. Please do not pass my contact details onto anyone else.

Please return the form (no stamp necessary) to: **The Key, FREEPOST RRYY-KSGT-AGBR, Sanger House, 5220 Valiant Court, Gloucester Business Park, Brockworth, Gloucester, GL3 4FE**