



# Learning Disabilities 7<sup>th</sup> Big Health Check Open Day “Keeping Healthy and Active”

## On Wednesday 13th May



**Taking place at:**  
Wall's Club  
Hammond Way  
Barnwood, Gloucester  
GL4 3HG



**Open From**  
9:30 until 4:00



### Workshops and Demonstrations throughout the day



Sport & Exercise for Health

A Play by Dramatic Change Theatre Company



Indoors and outside activities



Information Stalls



Art and Crafts



Coming for the day – Bring a packed lunch



Want to Know More?  
Contact Simon or Lorraine on: 0800 019 3346 Or 01452 321015

