

contact a family
for families with disabled children


Cerebra
Positively Different



Supporting & Managing Sleep Routine for Children with Additional Needs

Tuesday 30 June 2015

10:00-1400hrs

**The Butterfly Hut, Action Indoor Sports,
Bamfield, Whitchurch, Bristol BS14 0XA**

For Parent Carers of Children with disabilities.

Come along and meet others, get the chance to discuss your child's sleep difficulties. Find out about ways to get support and advice. Hear about tried and tested tips to support good sleep routines for children.

Free parking and lunch provided.

BOOKING IS ESSENTIAL- PLACES ARE LIMITED!

For further details contact either:

Sarah King, SW Parent Advisor Contact A Family, 0117 971 1334

Kath Fryer, Cerebra Regional Officer, Bristol 0117 905 5020

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