

## Gloucestershire Care Services **NHS**



**NHS Trust** 

## Come and join us!



**Community Healthcare event** 

@ the Friendship Café,

**Chequers Bridge Centre, Painswick** Road, Gloucester, GL4 6PR

**Tuesday 8 September 2015** 

In the morning: find out about community healthcare in your area, join in workshops, meet our nurses and staff.

In the afternoon: tell us how we can make local healthcare services better for you, your family and your community.

**Lunch is provided - book** your place now!

Health checks

Healthy living

Looking after older people at home

Healthy kids

Managing diabetes, dementia, long-term conditions

10.00am-12.30pm Interactive exhibition and workshops

12.00-1.00pm Lunch!

1.00-3.00pm **Share your thoughts** and experiences with us

To find out more or book your place, email be.involved@ glos-care.nhs.uk or call 0300 421 8364 and speak to Katie Parker or Lucy Lea.

